



BE HEALTHY. BE SAFE. BE READY.

This Program is Sponsored by:



For more information about Community Action or to find your local agency visit www.minncap.org.

To obtain a DVD of this program visit: www.minncap.org

For more information about ECHO activities contact:
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Community Action Minnesota

Helping people, changing lives.

If you want to lift yourself out of poverty, there is a place near you that can help. Minnesota has 28 Community Action agencies serving every county in the state.

ECHO (Emergency, Community and Health Outreach) is proud to announce a television special about the services that Community Action Agencies provide to low income people across the state. This program will be broadcast in four languages on *tpt*'s Minnesota Channel:

Sunday, January 2:

Spanish 7:00 p.m.

Sunday, January 9:

Somali 7:00 p.m.

Sunday, January 2:

Hmong 7:30 p.m.

Sunday, January 9:

English/Captioned 7:30 p.m.

This program provides information on the various services Community Action provides, such as Head Start, energy assistance, weatherization, affordable housing, food support, senior services, financial fitness training, tax preparation and job training.

The program, *Community Action Minnesota*, is also available in four languages with English captions for the deaf and hard of hearing at www.echominnesota.org.

